



Late Shri. Vishnu Waman Thakur Charitable Trust's
VIVA INSTITUTE OF PHARMACY
At. Shirgaon, Veer Sawarkar Road, Virar (E),
Taluka: Vasai, Dist. Palghar-401305, Maharashtra.
National Service Scheme (SH-11)



Name of the Event **LEADERSHIP TRAINING PROGRAMME**

Date 15/08/2019 TO 17/08/2019

Time 5 DAYS WORKSHOP

Number of Volunteers 1`

Programme Summary/Details:

Mr. Deepak Kushwaha, NSS Volunteer of NSS Unit of VIVA Institute of Pharmacy, Participated at 5 days **University Level Leadership Training Camp at Sonopant dandekar College of Arts, Sci and Commerce, Palghar Dist.Palghar** from **15th Aug to 19th Aug. 2019.**

The activities/ sessions conducted during the camp are as follows:

- Physical & Mental Health - Yoga & Meditation sessions
- Sessions on Disaster Management & First Aid,
- As part of Shramdaan - Tree Plantation
- Group Discussions & Presentations on Sustainable Development Goals
- Demographic & Nutritional Survey at the community
- Sports session - Kho Kho
- Cultural activities - Singing, Dancing & Stand up

